



The Sacred Journey of Death

**Finding Peace & Purpose Through a Spiritual Retreat Weekend
St. Joseph Villa – Hampton Bays**

Friday – Sunday, Oct. 30th – Nov. 1st, 2026

Arrival after 3pm Friday ending by 12 noon Sunday

Presenters: Sr. Josephine Daspro, CSJ, D.Min. & Jo-Andrew D'Alessandro-Accary

Many people find themselves lying awake at night, suddenly overwhelmed by thoughts of their own mortality. Questions about what the final moments might be like, whether it will hurt, or whether I will be alone, if I lived fully, healed broken relationships often surface in these quiet hours. It is natural to avoid thinking about death, to push aside uncertainties and fears with questions such as, “*Will I be ready?*” Yet, when these worries are brought into the open and shared, they tend to lose their power. Sharing these thoughts can transform them from sources of fear into opportunities for growth, meaningful connections and inner freedom.

This retreat is designed to invite participants to reflect on their mortality through guided spiritual practices. These practices center on connecting with God’s presence and include prayer, meditation, group conversations, and rituals. If you are ready to transform fear into faith, uncertainty into purpose, and create your legacy, consider joining this experience. You will find encouragement, community and reassurance that you are not alone.

Offering: \$250.00

\$50 non-refundable deposit with registration.

Please make checks payable to Sisters of St. Joseph

Registering for *The Sacred Journey of Death – Oct. 30th – Nov. 1st, 2026*

Please return your registration form to the attention of **Linda S,**

Spiritual Direction Program, La Providencia Bldg. 4

1725 Brentwood Rd., Brentwood, NY 11717

Email: sdfp@csjbrentwood.org , or call 631-273-1187 x411.



Name _____

Mailing Address: _____

Phone#: _____

Email _____

Dietary Restrictions/Special needs: _____